**COUNTRY COUSINS**

|  |  |  |
| --- | --- | --- |
|  | ***8th grade cousins*** |  |
| 1 | *8th J. HULL-TNT- TALENTED NINJA TEAM* | 8th QUALLS – SAMURAI RACOONS |
|  |  |  |
| 2 | *8th JONES-THE FIGHTING JONZIES* | 8th TAYLOR- APACHE PRIDE |
|  |  |  |
| 3 | *8th LINDEMANN- LINDEMANN LINEMAN* |  |
|  |  |  |
| 4 | *8TH STOBAUGH’S –THE GOLDEN CHILDREN* | 8th HILL- ROARING RANDOMS |
|  | *8th PRINCE- ROYAL SWAG* | 8th STAGGS-GOOFY GOOBERS |
|  | ***9th grade cousins*** |  |
| 1 | *9th SHOTT – THE FLAMING PENGUINS* | 9th BAILEY SWAG  |
|  |  |  |
| 2 | *9th DIAZ -APACHE SWAG*  |  |
|  |  |  |
| 3 | *9th DERAMUS -FLAMING ARROWS* | 9th THE CIOPPA CALVARY ??? |
|  |  |  |
| 4 | *9th S. HULL- THE A TEAM*  | 9th AYERS FLARES |
|  |  |  |
|  | *9th GUYSE-SWAGGIN’ SHARKS???* | 9th WOOTEN. – MAROON MADNESS |
|  | ***7th grade cousins*** |  |
| 1 | *7th B. RUST –RUSTY MEAN MACHINE* | 7TH FLURRY-Halbert’s Hero |
|  |  |  |
| 2 | *7th DRAKE –Drake’s Little Quackers* | 7th MCCROTTY-The Big Mac’s |
|  |  |  |
| 3 | *7th ROACH –Mrs. Roach’s Awesome* | 7th CLARK –Like a Clark |
|  |  |  |
| 4 | *7th KAMERLING –KOOL KIDS* | 7th FIELDS- Camo Crusaders |
|  |  |  |
| 5 | *7th HAM –The Hamburlars* | 7th THURMAN –STAR; Students Taking Action Righteously |
|  |  |  |

7th Grade Goal Setting Instructions

**Students will learn to use problem-solving and decision-making skills to learn how to set goals, (specifically educational goals) to improve their grades**

**Objectives** Academic

**Objective:** Career Education

Equipment needed:

* Student survey online per grade-Counselor webpage
	+ **All students must take online survey!!**
* Paper copy of goal setting-CAP’s notebooks
	+ **All students must turn in paper copy!!**
* Country Cousins Groupings- Family History Sheet

Instructions for setting goals for academic excellence.

□ All students log onto Google. Go to Counselor webpage- <http://pjhscounselor.weebly.com/>

□ 1. Click on your grade level survey. Discuss ways to help students in your advisory group.

□2. After taking online survey, fill out paper copy. Discuss ways to help students make better grades. This is a guide to help your discussions. Return to Mrs. Stroud with notebook.

Apache Scouts will bring CAP’s notebook back.

Points Possible: See Rubric

8th Grade Goal Setting Instructions

**Students will learn to use problem-solving and decision-making skills to learn how to set goals, (specifically educational goals) to improve their grades**

**Objectives** Academic

**Objective:** Career Education

Equipment needed:

* Student survey online per grade-Counselor webpage
	+ **All students must take online survey!!**
* Paper copy of goal setting-CAP’s notebooks
	+ **All students must turn in paper copy!!**
* Country Cousins Groupings- Family History Sheet

Instructions for setting goals for academic excellence.

□ All students log onto Google. Go to Counselor webpage- <http://pjhscounselor.weebly.com/>

□ 1. Click on your grade level survey. Discuss ways to help students in your advisory group.

□2. After taking online survey, fill out paper copy. Discuss ways to help students make better grades. This is a guide to help your discussions. Return to Mrs. Stroud with notebook.

Apache Scouts will bring CAP’s notebook back.

Points Possible: See Rubric

9th Grade Goal Setting Instructions

**Students will learn to use problem-solving and decision-making skills to learn how to set goals, (specifically educational goals) to improve their grades**

**Objectives** Academic

**Objective:** Career Education

Equipment needed:

* Student survey online per grade-Counselor webpage
	+ **All students must take online survey!!**
* Paper copy of goal setting-CAP’s notebooks
	+ **All students must turn in paper copy!!**
* Country Cousins Groupings- Family History Sheet

Instructions for setting goals for academic excellence.

□ All students log onto Google. Go to Counselor webpage- <http://pjhscounselor.weebly.com/>

□ 1. Click on your grade level survey. Discuss ways to help students in your advisory group.

□2. After taking online survey, fill out paper copy. Discuss ways to help students make better grades. This is a guide to help your discussions. Return to Mrs. Stroud with notebook.

Apache Scouts will bring CAP’s notebook back.

Points Possible: See Rubric

|  |
| --- |
| CAREER PAGE: Bonus Question Information **Study habits that would help you in school and on a job** |
| Use online flashcards or games (Quizlet.com is a good flashcard/game website.) |
| Get Email and/or cellphone, calendar alerts for school activities, tests, or projects. |
| Grades are your paycheck! |
| You are your own boss. Don’t depend on others to tell you to do your homework or memorize material.  |
| Make a time management sheet to find a good time to study |
| Set yourself time limits to study- How much can you get done in 30 minutes |
| Put your name on all belongings so you do not lose things and have paper and pen with you |
| Ask what an unfamiliar word means during class or after. |
| Keep your notebooks and homework papers neat and organized. |
| Don’t put off assignments. Do immediately or a little each day. Develop a routine to study. |
| Don’t just get by to get adults off of your back- Always give 100% You are practicing for your boss in 4+ years.  |
| Admit what you don’t know and “Find” Someone to help |
| Ask questions and participate. Helps you to remember stuff on tests. |
| Plan, prepare, proceed. Have a plan and stick to it. Talk with your advisor! |
| Ask teachers and parents what you need to do to improve. Take their comments seriously. |
| Be sure you understand what the assignment is, If not, go to tutoring or ask a teacher how to complete assignment. Don’t blow off missing assignments. They don’t just go away, they grow! |
|  **Studying and taking a test:** |
| Keep your eyes on teacher during note taking in class. Friends are great but distracting and will lower your grade. |
| Memorize your notes- one small piece at a time. Keep adding to your notes. Memorize for 30 minutes and take a 5 minutes break. No TV, video games, or phone until all is memorized. That can be your reward. Music is allowed but no lyrics. |
| When taking a test, read and follow all directions carefully. It is okay to make marks or notes on test to help you remember material. |
| Do the easy parts first! If you come to something you are not sure about, mark it by making a check mark by that part and come back to it after you have answered the parts you do know. Getting stuck can make you miss the answers you do know. |
| Read questions carefully to make sure you understand what you have read. |
| Reread, proof all rest questions and make sure you haven’t skipped a question. Find all check marks and make an educated guess. |
| Never leave anything blank on a test. You have a chance of getting a point or two. Teachers sometimes might give points for effort. |

|  |  |
| --- | --- |
|  | **Goal Setting –Grades/Academics****October 2014****Please have each student to sign off below.** **No credit/points to CAP’s group without signature for students.**  |
|  | **Signature of each student in your CAP’s group** | **No comments today** |

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**Bonus Question: What should students do to improve their grades?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Name of Advisor\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade level of CAP’s group\_\_\_\_\_\_\_\_\_\_\_\_

Name of Advisory Group\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |
| --- | --- |
|  | RUBERIC FOR CAP’S POSTER**Goal Setting –Grades/Academics****October 2014** |

|  |  |  |  |
| --- | --- | --- | --- |
|  | DESCRIPTION : | POINTS POSSIBLE | POINTS RECEIVED |
| Online Goal Setting Survey taken by all students in your CAP’s group |  | **60** |  |
| Hard copy Goal Setting Survey returned to Mrs. Stroud |  | **60** |  |
| STUDENT SIGNATURES |  | **10** |  |
| STUDENT COMMENTS- | **NO COMMENTS THIS MONTH** | **0** |  |
| DATA ON STUDENT COMMENT SHT | Name of Advisor\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Grade level of your CAP’s advisory group\_\_\_\_\_\_\_\_Name of Advisory Group\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **3** |  |
| BONUS QUESTION-see career page | **ANSWER TO QUESTION** | **1** |  |
|  | **TOTAL POINTS** | **134** |  |
|  |  |  |  |

Standards for Goal Setting:

Advisor's Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade \_\_\_\_\_\_\_\_\_\_

Student’s First and Last Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Academic Goal Sheet– Using the 3 P’s**

**P-Plan P-Prepare P-Proceed**

(Goal)What could you work on to improve your grades?...**—Check off goal**. (**Plan)**

\_\_\_Be more organized \_\_\_Improve D to C

\_\_\_Improve B to A \_\_\_Improve F to D

\_\_\_Improve C to B \_\_\_More study time \_\_\_Other

\_\_\_Improve B to A

\_\_\_Improve C to B

Who can you count on for help/support? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Which organization tips will help you? **(Prepare)**

\_\_\_Specific spot to study \_\_\_Use a calendar \_\_\_Set alarms

\_\_\_Specific places for things \_\_\_Deadline for bag cleaning \_\_\_Time Management

\_\_\_Don’t Procrastinate \_\_\_Other\_\_\_\_\_\_\_\_\_\_\_

Which one of above organizational tips are you starting with to improve your grades? **(Proceed**)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What specific behavior will help you fix your grades…. (planner, set alarms etc.) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Return to Mrs. Stroud for your Career Folder!